UNIVERSITY OF NORTH TEXAS

Department of Kinesiology, Health Promotion and Recreation

COURSE SYLLABUS

Course Number and Title: KINE 3090 Motor Behavior

Instructor: Dr. Jeff E. Goodwin
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Office: PEB 110
Office Hours: TR 7:30-8:00, TR 9:30-11:00, or by appointment

Course Description: Concepts related to motor skill acquisition, motor control and motor performance.

General Objective: Motor learning and performance provides an examination of the motor and cognitive characteristics of individuals involved in learning or performing motor skills and the conditions that can influence learning. Instruction will focus on learning the processes underlying skilled performance, how skilled performances are learned, and how to apply the principles of skilled performance and learning to instructional settings. An understanding of the basic psychological processes involved in learning and control of movement will help professionals provide better instruction and practice conditions for the performer.

Grading:

1. Exam 1 (50 points)
2. Exam 2 (70 points)
3. Exam 3 (50 points)
4. Exam 4 (70 points)
5. Blackboard Chapter Assignments (65 points)

Projected Grading Scale:

274.50 - 305.00 POINTS (90.00 - 100.00%) -- A
244.00 - 274.49 POINTS (80.00 - 89.99%) -- B
213.50 - 243.99 POINTS (70.00 - 79.99%) -- C
183.00 - 213.49 POINTS (60.00 - 69.99%) -- D
000.00 - 182.99 POINTS (00.00 - 59.99%) -- F

Textbook:


TENTATIVE COURSE SCHEDULE

<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>Assignment</th>
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<tbody>
<tr>
<td>01-18 T</td>
<td>Introduction to Course</td>
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<tr>
<td>01-20 R</td>
<td>Introduction to Motor Behavior - The Classification of Motor Skills</td>
<td>Read Chapter 01</td>
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<tr>
<td>01-25</td>
<td>T</td>
<td>Introduction to Motor Behavior - The Classification of Motor Skills [Developmentally Appropriate and Gentile’s Two-Dimensions Taxonomy]</td>
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<tr>
<td>01-27</td>
<td>R</td>
<td>Motor Performance and Learning</td>
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<tr>
<td>02-01</td>
<td>T</td>
<td>Motor Performance and Learning</td>
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<tr>
<td>02-03</td>
<td>R</td>
<td>Motor Learning Stage Models</td>
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<tr>
<td>02-08</td>
<td>T</td>
<td>Motor Learning Stage Models</td>
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<tr>
<td>02-10</td>
<td>R</td>
<td>Research and Measurement in Motor Behavior</td>
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<td>02-15</td>
<td>T</td>
<td>Research and Measurement in Motor Behavior</td>
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<td>02-17</td>
<td>R</td>
<td>EXAM 1</td>
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<td>02-22</td>
<td>T</td>
<td>Motor Abilities</td>
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<td>02-24</td>
<td>R</td>
<td>Memory Components, Forgetting, and Strategies</td>
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<tr>
<td>03-01</td>
<td>T</td>
<td>Memory Components, Forgetting, and Strategies</td>
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<tr>
<td>03-03</td>
<td>R</td>
<td>Action Preparation</td>
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<tr>
<td>03-08</td>
<td>T</td>
<td>Motor Control Theories (Pages 88-95) Introduction to Motor Control</td>
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<td>03-10</td>
<td>R</td>
<td>EXAM 2</td>
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<td>03-22</td>
<td>T</td>
<td>Practice Organization - Specific and Specific + Variable</td>
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<td>03-24</td>
<td>R</td>
<td>Practice Organization</td>
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<tr>
<td>03-29</td>
<td>T</td>
<td>Practice Organization - Blocked, Serial, and Random</td>
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<tr>
<td>03-31</td>
<td>R</td>
<td>Practice Organization</td>
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<tr>
<td>04-05</td>
<td>T</td>
<td>Practice Organization - Part and Whole</td>
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<td>04-07</td>
<td>R</td>
<td>Practice Organization - Massed and Distributed</td>
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<td>04-12</td>
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<td>04-14</td>
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<td>04-19</td>
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<td>EXAM 3</td>
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<td>04-21</td>
<td>R</td>
<td>Information Feedback</td>
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Course Policy:

1. The Department of Kinesiology, Health Promotion and Recreation is committed to full academic access for all qualified students, including those with disabilities. In keeping with this commitment and in order to facilitate equality of educational access, faculty members in the Department of Kinesiology, Health Promotion and Recreation will make reasonable accommodations for qualified students with a disability, such as appropriate adjustments to the classroom environment and the teaching, testing, or learning methodologies when doing so does not fundamentally alter the course.

If you have a disability, it is your responsibility to obtain verifying information from the Office of Disability Accommodation (ODA) and to inform me of your need for an accommodation. Requests for accommodation must be given to me no later than the first week of classes for students registered with the ODA as of the beginning of the current semester. If you register with the ODA after the first week of classes, your accommodation requests will be considered after this deadline.

Grades assigned before an accommodation is provided will not be changed. Information about how to obtain academic accommodations can be found in UNT Policy 18.1.14, at www.unt.edu/oda, and by visiting the ODA in Room 321 of the University Union. You also may call the ODA at 940.565.4323.

2. Attendance is defined as being in the classroom the complete class period (8:00 AM to 9:20 AM). If you are in attendance you can listen and participate in the class lecture. Showing up late, leaving early, or stepping out of class (e.g., to use a cell phone) is distracting to other students and the instructor. Because attendance is defined as such, being late and/or leaving early will be counted as not being in attendance and may result in points deducted from your final grade. During most scheduled class meetings an attendance form will be circulated for you to sign to document attendance. You will be allowed FIVE (5) absences during the semester for any reason (i.e., there are no excused or unexcused absences - you are allowed five absences). These DO NOT include examination days. Following the FIVE (5) absences ("freebies"), 5 percentage points (5%) will be deducted from your final grade for each additional absence.

Please note that I do NOT normally curve assignments or examinations and that the grade individuals receive will be the grade earned. Based on past teaching practices, I have found that failure to attend classes for whatever reason results in significantly lower academic grades. Attendance will enhance your understanding of material. You are expected to be in class. If you decide not to attend class or determine that you cannot attend class, you are responsible for material covered in class that day. I will be happy to meet with you to answer any questions you have; however, I will not repeat the lecture missed or provide copies of class notes.
3. Student behavior that interferes with an instructor’s ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Center for Student Rights and Responsibilities to consider whether the student's conduct violated the Code of Student Conduct. The university's expectations for student conduct apply to all instructional forums, including university and electronic classroom, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at www.unt.edu/csrr

I expect ALL individuals to:

- attend and be punctual to ALL classes;
- turn cell phones off during class;
- complete ALL reading assignments prior to class;
- be energetic in bringing relevant information to class; and
- participate fully in class discussions.

Showing up late, leaving early, or stepping out of class to use your cellular phone is distracting to the other students in class. Cellular phones and other electronic devices can be distracting if used inappropriately. During class, turn cell phones to vibrate or off. You are not to have earphones of any type in during class. All electronic devices are to be turned off prior to entering the classroom. All electronic devices are to be turned off prior to entering the classroom. You may, of course audio record the lectures or have your computer on for taking notes. Students found to have computers on for purposes other than this class will be asked to leave the room. During examinations, cell phones and other electronic devices must be turned off and placed out of sight. Failure to do so may result in you: (a) being asked to leave the classroom; and/or (b) receiving a zero on the examination.

4. Academic Dishonesty: Cheating will not be tolerated in the class. Individuals are not to receive information from another student or give information to another student during a quiz or examination. Individuals are to use only their memory. Individuals caught cheating during a quiz or examination will be charged under the University's Code of Student Conduct. Among other punishments, students found guilty run the risk of having their score changed to a zero, receiving a grade of F for the course, and/or dismissal from the University. Academic dishonesty includes cheating, plagiarism, fabrication, and facilitating academic dishonesty. Cheating refers to collaborating on assignments and using unauthorized materials. Plagiarism refers to presenting ideas, words, or statements of another person without giving credit to that person. If you have questions about cheating or plagiarism, please see me.

5. Family Educational Rights and Privacy Act (FERPA) Information: Students have the right to expect their grades will be kept confidential. There are a few things, because of the size and/or nature of this class, the instructor must advise you of regarding collection and distribution of examination results, quiz results, homework assignments, roll sheets, projects, etc. During this class it may be necessary for you to pass your assignments forward to the instructor or it may be necessary for the instructor to call your name and then return your completed
assignment to you by passing it across the room. The instructor, under the reasonable assumption guidelines, assumes students are collecting only their own materials. Every attempt will be made to keep your information confidential. Neither your course grades nor grades for any assignment will be posted in a way that could result in your being identified by other students or faculty members.

6. Blackboard Chapter Assignments are required for this course. Log on to https://ecampus.unt.edu and select the KINE 3090 (Goodwin) Section 002 (Spring 2011) course. At that point, select Course Content and then select Lecture Outline and then select Blackboard Chapter Assignments. When a Blackboard Chapter Assignment is due on a specific day, individuals are responsible for completing and submitting the assignment on that day. Blackboard Chapter Assignments will NOT be accepted for any reason after the deadline. Missing assignments will be assigned a grade of zero.

7. Failure to take examinations at the scheduled time will result in a grade of zero, unless individuals have made special arrangements with the instructor prior to the class. Make-up examinations will NOT normally be administered. When examinations are administered, you must remove your hats/caps as you enter the classroom. You may NOT wear a hat/cap of any type (including, but not limited to, baseball, Easter, sombrero, bonnet, cowboy, bandera, nylons, etc.) during examinations. Please see me personally if you have a religious- or medical-based matter to discuss related to this policy.

In the event that you are scheduled to participate in an official University function on the date of an examination, please contact me to schedule a make-up test session. You are expected to take an examination prior to leaving for the official University function.

8. I will present the results of examinations to the class within two class periods after the examination was administered. Individuals will NOT have the opportunity to review examinations during class. Individuals have the responsibility of reviewing examinations during the instructor’s office hours (or by appointment). Individuals have one week to review examinations. After the one week period, individuals will NOT have the opportunity to review examinations.

9. All students should activate and regularly check their EagleConnect (e-mail) account. EagleConnect is used for official communication from the University to students. Many important announcements for the University and College are sent to students via EagleConnect. Due to the amount of spam e-mail messages, I normally do not receive or respond to messages sent from outside service providers (e.g., Yahoo, Hotmail, AOL, Verizon, Gmail, etc.).

10. The Student Evaluation of Teaching Effectiveness (SETE) is a requirement for all organized classes at UNT. This short survey will be made available to you at the end of the semester, providing you a chance to comment on how this class is taught. I am very interested in the feedback I get from students, as I work to continually improve my teaching. I consider the SETE to be an important part of your participation in this class.
11. Lecture outlines for this course are available for you to print. Log on to https://ecampus.unt.edu and select the KINE 3090 (Goodwin) Section 002 (Spring 2011) course. At that point, select Course Content and then select Lecture Outline.
1. What is your gender?
   A. female
   B. male

2. What is your classification?
   A. first year
   B. sophomore
   C. junior
   D. senior
   E. other

3. What is your grade point average (skip if you are just starting college)?
   A. 3.50 - 4.00
   B. 3.00 - 3.49
   C. 2.50 - 2.99
   D. 2.00 - 2.49
   E. below 2.00

4. How many times have you enrolled in KINE 3090?
   A. one - my first time is this semester
   B. two
   C. three

5. What final course grade do you expect to earn?
   A. grade of A
   B. grade of B
   C. grade of C
   D. grade of D
   E. grade of F

6. How many classes do you plan to miss?
   A. zero
   B. one
   C. two
   D. three
   E. four or more

7. How many hours a week do you work?_______________________

8. Why are you enrolled in this course?