Course Number and Title: KINE 3090 Motor Behavior

Instructor: Dr. Jeff E. Goodwin
Phone: (940) 565-2651 (Department)
Email: jeff.goodwin@unt.edu

Office: PEB 205-H
Office Hours: TR 7:30-8:00, 11:00-12:15 or by appointment

Course Description: Concepts related to motor skill acquisition, motor control and motor performance.

Enrollment Requirements: Students must complete PHED 1000, KINE 2030, and KINE 2050 (or equivalent coursework as determined by the department) with a B or better average in order to enroll in this course. Non-kinesiology majors require department consent.

General Objective: Motor learning and performance provides an examination of the motor and cognitive characteristics of individuals involved in learning or performing motor skills and the conditions that can influence learning. Instruction will focus on learning the processes underlying skilled performance, how skilled performances are learned, and how to apply the principles of skilled performance and learning to instructional settings. An understanding of the basic psychological processes involved in learning and control of movement will help professionals provide better instruction and practice conditions for the performer.

Required Textbook:

Grading:
1. Exam 1 (20%)
2. Exam 2 (20%)
3. Exam 3 (20%)
4. Exam 4 (20%)
5. Quizzes (20%)

Grading Scale:
90.00 - 100.00% -- A
80.00 - 89.99% -- B
70.00 - 79.99% -- C
60.00 - 69.99% -- D
00.00 - 59.99% -- F

TENTATIVE COURSE SCHEDULE

<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>WHAT TO DO!</th>
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<tbody>
<tr>
<td>01-15 T</td>
<td>Introduction To Course</td>
<td>1. Read And Understand Course Syllabus</td>
</tr>
<tr>
<td></td>
<td>Quiz</td>
<td>2. Turn In Quiz And Pages 11-12 From Course Syllabus</td>
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<td>3. Purchase Or Rent Textbook</td>
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<tr>
<td>DATE</td>
<td>TOPIC</td>
<td>WHAT TO DO (PRIOR TO CLASS)!</td>
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<tr>
<td>01-17 R</td>
<td>Pretest (NOT FOR A GRADE)</td>
<td> Location of Pretest is Sage Hall Computer-Based Testing Center - Room C330 (near the elevator)</td>
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<td>Sage</td>
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<td>Hall</td>
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<tr>
<td>01-22 T</td>
<td>The Classification Of Motor Skills</td>
<td>1. Read Chapter 1</td>
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<tr>
<td>Class</td>
<td></td>
<td>3. Watch Video Presentation: The Classification Of Motor Skills</td>
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<td></td>
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<td>4. Read Chapter 2</td>
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<td>6. Watch Video Presentation: Research In Motor Behavior</td>
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<td></td>
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<td>7. Watch Video Presentation: The Measurement Of Motor Performance</td>
</tr>
<tr>
<td>01-24 R</td>
<td>The Classification Of Motor Skills</td>
<td>✓ Quiz will cover information from Lecture Outlines: The Classification Of Motor Skills and The Measurement Of Motor Performance</td>
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<tr>
<td>Quiz</td>
<td>The Measurement Of Motor Performance</td>
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<tr>
<td>01-29 T</td>
<td>Defining And Assessing Learning</td>
<td>1. Read Chapter 11</td>
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<tr>
<td>Online</td>
<td></td>
<td>2. Complete Lecture Outline: Defining And Assessing Learning</td>
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<tr>
<td>Class</td>
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<td>3. Watch Video Presentation: Defining And Assessing Learning</td>
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<td>4. Watch Video Presentation: Defining And Assessing Learning</td>
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<td></td>
<td></td>
<td>5. Complete Practice Quiz: Understanding Research Graphs</td>
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<td></td>
<td>Available: 01-29 @ 2:00 PM  Deadline: 01-31 @ 7:00 AM</td>
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<tr>
<td>01-31 R</td>
<td>Defining And Assessing Learning</td>
<td>✓ Quiz will cover information from Lecture Outline: Defining And Assessing Learning</td>
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<tr>
<td>Quiz</td>
<td></td>
<td> Table Of Test Specifications – Exam 1 will be available at 7:00 AM. Please use it to prepare for the exam.</td>
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<tr>
<td>02-05 T</td>
<td>The Stages Of Learning</td>
<td>1. Read Chapter 12</td>
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<tr>
<td>Online</td>
<td></td>
<td>2. Complete Lecture Outline: The Stages Of Learning</td>
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<tr>
<td>Class</td>
<td></td>
<td>3. Watch Video Presentation: The Stages Of Learning – Part I</td>
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<td>4. Watch Video Presentation: The Stages Of Learning – Part II</td>
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<td>5. Watch Video Presentation: The Stages Of Learning – Part III</td>
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<tr>
<td>02-07 R</td>
<td>The Stages Of Learning</td>
<td>✓ Quiz will cover information from Lecture Outline: The Stages Of Learning</td>
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<tr>
<td>Quiz</td>
<td></td>
<td> Chapters 1, 2, 11, and 12 Practice Quizzes will be available from Thursday (Feb. 7) at 2:00 PM until Tuesday (Feb. 12) at 7:00 AM.</td>
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<tr>
<td>02-12 T</td>
<td>EXAM 1</td>
<td> Location of Exam 1 is Sage Hall Computer-Based Testing Center - Room C330 (near the elevator)</td>
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<tr>
<td>02-14</td>
<td>Online Class</td>
<td>1. Read Chapter 3</td>
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<td></td>
<td>Motor Abilities</td>
<td>2. Complete Lecture Outline: Motor Abilities</td>
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<td>3. Watch Video Presentation: Motor Abilities – Part I</td>
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<td></td>
<td>Motor Control Theories</td>
<td>4. Watch Video Presentation: Motor Abilities – Part II</td>
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<td>5. Read Chapter 5</td>
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<td></td>
<td>6. Complete Lecture Outline: Motor Control Theories</td>
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<td></td>
<td></td>
<td>7. Watch Video Presentation: Motor Control Theories</td>
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<tr>
<td>02-19</td>
<td>Online Class</td>
<td>1. Read Chapter 4</td>
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<tr>
<td></td>
<td>Neuromotor Basis For Motor Control</td>
<td>2. Complete Preparation Guide: Neuromotor Basis For Motor Control – Part I</td>
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<td></td>
<td>Memory Components, Forgetting, And Strategies</td>
<td>3. Read Chapter 10</td>
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<td></td>
<td></td>
<td>4. Complete Lecture Outline: Memory Components, Forgetting, And Strategies</td>
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<td>5. Watch Video Presentation: Memory Components, Forgetting, And Strategies</td>
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<td>6. Complete Short-Term Memory Lab</td>
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<tr>
<td>02-21</td>
<td>Quiz</td>
<td>✓ Quiz will cover information from Lecture Outlines: Motor Abilities and Motor Control Theories</td>
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<td></td>
<td>Motor Abilities</td>
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<td></td>
<td>Memory Components, Forgetting, And Strategies</td>
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<tr>
<td>02-26</td>
<td>Online Class</td>
<td>1. Read Online Lesson: Neuromotor Basis For Motor Control – Part II</td>
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<tr>
<td></td>
<td>Neuromotor Basis For Motor Control</td>
<td>2. Complete Preparation Guide: Neuromotor Basis For Motor Control – Part II</td>
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<tr>
<td></td>
<td>Action Preparation</td>
<td>3. Read Chapter 8</td>
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<td>5. Watch Video Presentation: Action Preparation</td>
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<td>6. Complete Reaction Time Lab</td>
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<td>02-28</td>
<td>Quiz</td>
<td>✓ Quiz will cover information from Lecture Outlines: Neuromotor Basis For Motor Control and Action Preparation</td>
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<tr>
<td></td>
<td>Memory Components, Forgetting, And Strategies</td>
<td>➢ Table Of Test Specifications – Exam 2 will be available at 7:00 AM. Please use it to prepare for the exam.</td>
</tr>
<tr>
<td>03-05</td>
<td>Quiz</td>
<td>✓ Quiz will cover information from Lecture Outline: Memory Components, Forgetting, And Strategies</td>
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<td></td>
<td>Research Article: The Pen Is Mightier Than the Keyboard: Advantages of Longhand Over Laptop Note Taking</td>
<td>➢ Chapters 3, 4, 5, 8, and 10 Practice Quizzes will be available from Tuesday (March 5) at 2:00 PM until Thursday (March 7) at 7:00 AM.</td>
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<tr>
<td>03-07</td>
<td>Sage Hall</td>
<td>➢ Location of Exam 2 is Sage Hall Computer-Based Testing Center - Room C330 (near the elevator)</td>
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| 03-19 T  | Online Class Practice Organization – Practice Variability And Specificity | 1. Read Chapter 16  
2. Complete Lecture Outline: Practice Variability And Specificity – Part I  
3. Watch Video Presentation: Practice Variability And Specificity – Part I  
4. Complete Specific And Variable Practice Lab |
| 03-21 R  | Online Class Practice Organization – Practice Variability And Specificity | 1. Read Chapter 16  
2. Complete Lecture Outline: Practice Variability And Specificity – Part II  
3. Watch Video Presentation: Practice Variability And Specificity – Part II  
4. Complete Contextual Interference I Lab |
| 03-26 T  | Quiz Practice Organization – Practice Variability And Specificity | ✓ Quiz will cover information from Lecture Outlines: Practice Variability And Specificity – Part I and Part II |
| 03-28 R  | Online Class Practice Organization – The Amount And Distribution Of Practice | 1. Read Chapter 17  
2. Complete Lecture Outline: The Amount And Distribution Of Practice  
3. Watch Video Presentation: The Amount And Distribution Of Practice |
| 04-02 T  | Quiz Practice Organization – The Amount And Distribution Of Practice | ✓ Quiz will cover information from Lecture Outline: The Amount And Distribution Of Practice |
| 04-04 R  | Online Class Practice Organization – Whole And Part Practice | 1. Read Chapter 18  
2. Complete Lecture Outline: Whole And Part Practice  
3. Watch Video Presentation: Whole And Part Practice  
➢ Table Of Test Specifications – Exam 3 will be available at 7:00 AM. Please use it to prepare for the exam. |
| 04-09 T  | Quiz Practice Organization – Whole And Part Practice | 1. Complete Table Of Test Specifications – Exam 3  
✓ Quiz will cover information from Lecture Outline: Whole And Part Practice  
➢ Chapters 16, 17, and 18 Practice Quizzes will be available from Tuesday (April 9) at 2:00 PM until Thursday (April 11) at 7:00 AM. |
| 04-11 R  | Sage Hall EXAM 3 | ➢ Location of Exam 3 is Sage Hall Computer-Based Testing Center - Room C330 (near the elevator) |
| 04-16 T  | Online Class Augmented Feedback | 1. Read Chapter 15  
2. Complete Lecture Outline: Augmented Feedback – Part I  
3. Watch Video Presentation: Augmented Feedback – Part I  
4. Complete Lecture Outline: Augmented Feedback – Part II  
5. Watch Video Presentation: Augmented Feedback – Part II  
7. Watch Video Presentation: Augmented Feedback – Part III  
8. Complete Knowledge Of Results Precision Lab |
<table>
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<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>WHAT TO DO (PRIOR TO CLASS)!</th>
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<tbody>
<tr>
<td>04-18 R</td>
<td>Quiz Augmented Feedback</td>
<td>✓ Quiz will cover information from Lecture Outlines: Augmented Feedback – Parts I, II, and III</td>
</tr>
</tbody>
</table>
| 04-23 T  | Online Class Augmented Feedback | 1. Complete Lecture Outline: Augmented Feedback – Part IV  
2. Watch Video Presentation: Augmented Feedback – Part IV  
3. Complete Lecture Outline: Augmented Feedback – Part V  
4. Watch Video Presentation: Augmented Feedback – Part V  
5. Complete Lecture Outline: Augmented Feedback – Part VI  
6. Watch Video Presentation: Augmented Feedback – Part VI |
| 04-25 R  | Quiz Augmented Feedback | ✓ Quiz will cover information from Lecture Outlines: Augmented Feedback – Parts IV, V, and VI  
➢ Table Of Test Specifications – Exam 4 will be available at 7:00 AM. Please use it to prepare for the exam. |
| 04-30 T  | Quiz Augmented Feedback | 1. Complete Table Of Test Specifications – Exam 4  
➢ Chapter 15 Practice Quiz will be available from Tuesday (April 30) at 2:00 PM until Thursday (May 2) at 7:00 AM. |
| 05-02 R  | Sage Hall EXAM 4 | ➢ Location of Exam 4 is Sage Hall Computer-Based Testing Center - Room C330 (near the elevator) |
| 05-07 T  | TBD | KINE 3090 8:00 AM Section will meet on Tuesday (May 7) at 8:00 AM only if there is a significant change to the course schedule. If no significant change occurs, then this date/time will NOT be used. |
| 05-09 R  | TBD | KINE 3090 12:30 PM Section will meet on Thursday (May 9) at 10:30 AM only if there is a significant change to the course schedule. If no significant change occurs, then this date/time will NOT be used. |

Friendly Advice:

The topics presented in this course are not something that you should let slide until the night or the week before exams. Much of the course is cumulative, with each class lesson dependent on one’s comprehension of what came before. You should keep up with the course on a day-to-day basis. You should be prepared to spend up to three hours outside of class for each hour in class. This is a 3-hour class, so you should plan to spend 3 hours per week in class and 6-9 hours per week outside of class reading the textbook, reviewing your class notes, working through lecture outlines, and watching video presentations related to course content. When I emphasize to students how much time it takes and how hard they have to work to do well in this course, students who believe it are the ones who would work hard anyway. My experience is that many students underestimate the amount of time and effort that they must put forth in this course to do well.

I normally post an announcement at the end of each week (e.g., Thursday or Friday) letting you know what to expect for the upcoming week. The announcements are titled: Prepare Now - A Look Ahead. Please read the announcements since they may contain important information about quizzes. I expect the following from you:

- Read Chapter In Textbook Prior To Class.
- Complete Lecture Outline Prior To Class.
• **Attend Class And Stay Engaged During Lecture.** Attendance is defined as being in the *classroom* for the complete class period.

• **Study To Learn: After Each Class And Prior To Class.**

“If you are disciplined enough to do all the things you have to do when they have to be done, then someday you’ll have the freedom to do what you want to do when you want to do it.” Charles Jones, successful entrepreneur.

Course Policies:

It is the student’s responsibility to understand and follow the course policies outlined in the course syllabus.

1. Students are expected to attend every class. Students are unable to receive the full benefit of the course without attending class every class. Even missing a class here and there can be problematic, as it disrupts the continuity of the course material and makes understanding what you are expected to learn more difficult. There is a high correlation between class attendance, what is learned, and performance on quizzes and examinations. Things will be discussed in class that are not in the textbook, and some things discussed in the textbook will not be discussed in class. Students are responsible for everything presented in class as well as in the textbook, lecture outlines, video presentations, etc.

   Attendance is defined as being in the *classroom* for the complete class period (8:00 to 9:20 AM for the KINE 8:00 AM section and 12:30-1:50 PM for the KINE 12:30 PM section). **You are allowed THREE (3) absences. There are no excused or unexcused absences. You are allowed THREE (3) absences. Following the THREE (3) absences ("freebies"), 5 percentage points (5%) will be deducted from your final grade for each additional absence.** For example, a final grade of 93% (A) with 4 total absences (minus 5%) will result in a grade of 88% (B). When you have accumulated FIVE (5) absences, you will receive a grade of “F” in the course. It is your responsibility to keep track of absences throughout the semester.

2. Students are expected to conduct themselves during class as responsible adults, behaving as they would in a business meeting. This includes arriving to class on time; remaining in class until dismissed; refraining from talking to other students during lecture, or reading materials such as newspapers, books, etc., or studying other class material, or passing notes to others students, or sleeping, or not paying attention. Arriving late for class or leaving before dismissal is disruptive to the learning environment. Students should refrain from leaving and returning to class while class is in session, again as this is disruptive to the learning environment. If you need to leave the classroom, for whatever reason, prior to dismissal then please do NOT return as it is a distraction. Let me be clear, showing up late, leaving early, or stepping out of class (e.g., to use a cell phone) is distracting to other students and the instructor.

   Student behavior that interferes with an instructor’s ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to consider whether the student’s conduct violated the Code of Student Conduct. The university’s expectations for student conduct apply to all instructional forums, including university and electronic classroom, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at [www.deanofstudents.unt.edu](http://www.deanofstudents.unt.edu).
3. Quizzes are required in this course. Quizzes will be announced and unannounced (pop). During most scheduled face-to-face class meetings, a quiz will be administered. On days involving a quiz, if a student comes in late and another student in the course has already completed the quiz, it is at the discretion of the instructor to give the student who is late an opportunity to take the quiz. The best way to prevent this from occurring is to be on time. Failure to take a quiz at the scheduled time will result in a grade of zero unless individuals have made special arrangements with the instructor prior to the class using your EagleConnect (email) account. Attendance will be taken from a quiz administered during class so the failure to take a quiz at the scheduled time will result in being counted absent. Leaving the classroom after taking a quiz will result in the quiz being assigned a zero and being counted absent. Make-up quizzes will NOT normally be administered.

Exams are required in this course. On days involving an exam, if a student comes in late and another student in the course has already completed the exam, it is at the discretion of the instructor to give the student who is late an opportunity to take the exam. The best way to prevent this from occurring is to be on time. Failure to take an exam at the scheduled time will result in a grade of zero unless individuals have made special arrangements with the instructor prior to the class using your EagleConnect (email) account. Attendance will be taken from an exam administered during class so the failure to take an exam at the scheduled time will result in being counted absent. Make-up exams will NOT normally be administered.

There are a few situations when the instructor will consider a make-up quiz and exam. First, the student must have contacted the instructor prior to the class using your EagleConnect (email) account. You must contact me before you miss a scheduled quiz or exam, NOT after. Second, make-up quizzes and exams are given only if you have either an excuse which has been approved by the Dean of Students or an absence excused by the University. Make-up quizzes and exams are all short answer/essay/discussion questions.

If you are scheduled to participate in an official University function on the date of a quiz or exam, please contact me to schedule a make-up session. You are expected to take the quiz or exam prior to leaving for the official University function.

Students will not have the opportunity to review quizzes and exams during class. Students have the responsibility of reviewing quizzes and exams during the instructor’s office hours (or by appointment). Students have one week to review quizzes and exams. After the one week period, students will not have the opportunity to review quizzes and exams.

4. There is no extra credit opportunity in the course. Emails inquiring about extra credit will NOT be answered.

5. The grading scale is outlined in the course syllabus. It is highly unlikely that there will be a curve at the end of the semester. Emails inquiring about a curve or increasing a grade will NOT be answered.

6. The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking reasonable accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with a reasonable accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request reasonable accommodations at any time, however, ODA notices of reasonable accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of reasonable accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of reasonable accommodation during faculty office hours or by
appointment. Faculty members have the authority to ask students to discuss such letters during their
designated office hours to protect the privacy of the student. For additional information see the Office of
Disability Accommodation website at http://www.unt.edu/oda. You may also contact them by phone
at 940.565.4323. The designated liaison for the Department of Kinesiology, Health Promotion and
Recreation is Mrs. Doryce Judd (Doryce.Judd@unt.edu). Grades assigned before an accommodation is
provided will not be changed.

7. Family Educational Rights and Privacy Act (FERPA) Information: Students have the right to expect their
grades will be kept confidential. There are a few things, because of the size and/or nature of this class, the
instructor must advise you of regarding collection and distribution of examination results, quiz results,
homework assignments, roll sheets, projects, etc. During a class, it may be necessary for you to pass your
assignments forward to the instructor or it may be necessary for the instructor to call your name and then
return your completed assignment to you by passing it across the room. The instructor, under the
reasonable assumption guidelines, assumes students are collecting only their own materials. Every
attempt will be made to keep your information confidential. Neither your course grades nor grades for any
assignment will be posted in a way that could result in your being identified by other students or faculty
members.

8. All students should activate and regularly check their EagleConnect (email) account. EagleConnect is used
for official communication from the University to students. Many important announcements for the
University and College are sent to students via EagleConnect. Due to the amount of spam e-mail messages,
I normally do not receive or respond to messages sent from outside service providers (e.g., Yahoo,
Hotmail, AOL, Verizon, Gmail, etc.).

9. The Student Perceptions of Teaching (SPOT) is a requirement for all organized classes at UNT. This short
survey will be made available to you at the end of the semester, providing you a chance to comment on
how this class is taught. I am very interested in the feedback I get from students, as I work to continually
improve my teaching. I consider the SPOT to be an important part of your participation in this class.

10. Categories of Academic Dishonesty:

**Cheating:** The use of unauthorized assistance in an academic exercise, including but not limited to:
1. use of any unauthorized assistance to take exams, tests, quizzes or other assessments;
2. dependence upon the aid of sources beyond those authorized by the instructor in writing papers, preparing
   reports, solving problems or carrying out other assignments;
3. acquisition, without permission, of tests, notes or other academic materials belonging to a faculty or staff
   member of the University;
4. dual submission of a paper or project, or re-submission of a paper or project to a different class without
   express permission from the instructor;
5. any other act designed to give a student an unfair advantage on an academic assignment.

**Plagiarism:** Use of another’s thoughts or words without proper attribution in any academic exercise,
regardless of the student’s intent, including but not limited to:
1. the knowing or negligent use by paraphrase or direct quotation of the published or unpublished work of
   another person without full and clear acknowledgement or citation.
2. the knowing or negligent unacknowledged use of materials prepared by another person or by an agency
   engaged in selling term papers or other academic materials.
**Forgery:** Altering a score, grade or official academic university record or forging the signature of an instructor or other student.

**Fabrication:** Falsifying or inventing any information, data or research as part of an academic exercise.

**Facilitating Academic Dishonesty:** Helping or assisting another in the commission of academic dishonesty.

**Sabotage:** Acting to prevent others from completing their work or willfully disrupting the academic work of others.

**Available Academic Penalties:** The following academic penalties may be assessed at the instructor’s discretion upon determination that academic honesty has occurred. Admonitions and educational assignments are not appealable:
1. Admonition: The student may be issued a verbal or written warning.
2. Assignment of Educational Coursework: The student may be required to perform additional coursework not required of other student in the specific course.
3. Partial or no credit for an assignment, assessment or course grade: The instructor may award partial or no credit for the assignment or assessment on which the student engaged in academic dishonesty, to be calculated into the final course grade.
4. Adjustment of final course grade: The instructor may assign a lower course grade.

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**Syllabus Quiz**

1. The textbook is recommended.
   - A. True
   - B. False

2. How many absences is a student allowed in the course?
   - A. 2
   - B. 3
   - C. 4
   - D. 5

3. What is the penalty deduction for excessive absences?
   - A. there is no attendance policy
   - B. there is no attendance penalty
   - C. 5 points for each absence
   - D. 5% points for each absence

4. Will the professor respond to emails asking for a grade to be curved?
   - A. Yes
   - B. No

5. A student decides to leave the classroom after taking a quiz. What is the consequence of that action?
   - A. no penalty
   - B. student will be counted absent
   - C. student will be counted absent and receive a grade of zero on the quiz
   - D. student will be responsible for teaching the next class
6. What is the course policy for a student who arrives late to take a quiz/exam?
   A. if a student comes in late and another student in the course has already completed the quiz/exam, it is at the discretion of the instructor to give the student who is late an opportunity to take the quiz/exam.
   B. a student can do whatever they want since he/she paid for the course
   C. a student is allowed the entire time allotted to take the quiz/exam
   D. a student can take the quiz/exam at the end of the class

7. How many exams are in the course?
   A. 2
   B. 3
   C. 4
   D. 5

8. You are responsible for reading the textbook chapter and completing lecture outlines:
   A. prior to each class
   B. during each class
   C. after each class

9. How many hours outside of class are you expected to spend learning about the course content?
   A. 0-3
   B. 3-6
   C. 6-9
   D. 9-12

10. Arriving late for class or leaving before dismissal is ________ to the learning environment.
    A. disruptive
    B. beneficial
    C. productive

11. What email account should a student use when emailing the professor?
    A. Yahoo
    B. Gmail
    C. Hotmail
    D. EagleConnect

12. Students are responsible for everything presented in class as well as in the textbook, lecture outlines, video presentations, etc.
    A. True
    B. False
1. What is your gender?
   A. female
   B. male

2. What is your classification?
   A. first year
   B. sophomore
   C. junior
   D. senior
   E. other

3. What is your grade point average (skip if you are just starting college)?
   A. 3.50 - 4.00
   B. 3.00 - 3.49
   C. 2.50 - 2.99
   D. 2.00 - 2.49
   E. below 2.00

4. My career goal is to be (circle one answer):
   A. physical education teacher
   B. middle school, high school, or collegiate coach
   C. personal trainer / fitness instructor
   D. strength and conditioning specialist
   E. physical therapist
   F. occupational therapist
   G. other: ____________ (please identify)
   H. undecided

5. My educational goal is to earn:
   A. high school diploma
   B. bachelor’s degree
   C. master’s degree
   D. doctoral degree

6. How many times have you enrolled in KINE 3090?
   A. one - my first time is this semester
   B. two
   C. three
   D. four

7. What final course grade do you expect to earn?
   A. grade of A
   B. grade of B
   C. grade of C
   D. grade of D
   E. grade of F

8. How many classes do you plan to miss?
   A. zero
   B. one
   C. two
   D. three
   E. four or more

9. How many hours a week do you work?

10. Why are you enrolled in this course?
IN ONE MILLION WORDS OR LESS

In one million words or less, please tell me about yourself. Include anything such as: special talents, unique situations, non-academic interests, professional career goals, how you learn best, or just plain brag about yourself.