Course Syllabus

RHAB 4675

Alcohol and Other Drug Abuse Counseling Practice

Fall 2011

**Instructor:** Paula Heller Garland, MS, LCDC

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**Office Hours:** Wednesdays 11:00 AM – 1:00 PM

Thursdays 12:00 Noon – 2:00 PM

Other times by appointment

**Time & Place:** Tuesdays & Thursdays, 9:30 AM -10:50 AM, WH 219

Course dates: August 25 – December 15, 2011

*The Department of Rehabilitation, Social Work, and Addictions is committed to full academic access for all qualified students, including those with disabilities. In keeping with this commitment and in order to facilitate equality of educational access, faculty members in the department will make reasonable accommodations for qualified students with a disability, such as appropriate adjustments to the classroom environment and the teaching, testing, or learning methodologies when doing so does not fundamentally alter the course.*

*If you have a disability, it is your responsibility to obtain verifying information from the Office of Disability Accommodation (ODA) and to inform me of your need for an accommodation. Requests for accommodation must be given to me no later than the first week of classes for students registered with the ODA as of the beginning of the current semester. If you register with the ODA after the first week of classes, your accommodation requests will be considered after this deadline.*

*Grades assigned before an accommodation is provided will not be changed. Information about how to obtain academic accommodations can be found in UNT Policy 18.1.14, at www.unt.edu/oda, and by visiting the ODA in Room 321 of the University Union. You also may call the ODA at 940.565.4323.*

**Course Description:**

Focuses on familiarizing students with the core competencies necessary for effective interventions within addiction treatment settings and prepares students to apply these skills in alcohol and other drug abuse (AODA) counseling practice.

**Prerequisites:** RHAB 4175 and RHAB 4475 or consent of the instructor.

**Assigned Textbook:**

Miller, G. (2010). Learning the language of addiction counseling (3rd edition). Hoboken, NJ: Wiley & Sons.

**Inclement Weather**

In the event of inclement weather that requires the university to close course materials will be posted to Blackboard.

**Academic Integrity & Other Policies**

1. Each student in this course is expected to abide by the University of North Texas Code of Academic Integrity. Any work submitted by a student in this course for academic credit will be the student's own work. Cheating, dishonesty and lack of integrity will not be tolerated.
2. Professional demeanor is expected at all times. Disruptive behavior, such as chronic tardiness, newspaper reading or carrying on conversations, is not tolerated.
3. Cell phones may not be used at any time, in any way during class. This means students may not receive or send text messages in class. Cell phones are thus not to be handled or displayed during class. Handling a cell phone will be interpreted as use. Failure to abide by this policy will result in up to 5 points being deducted from the student’s grade at the discretion of the instructor and without notice.
4. Laptop/notebook computers are often distracting to other students. Those wishing to use such devices must sit in either the very back row of the class or the extreme front row farthest from the door. These devices may be used ONLY for taking notes in class. Any other use of such a device (e.g., reading material from other courses, web surfing, checking email) will result in the student’s loss of the privilege to use the device for the duration of the semester.
5. All test/exam questions are retained by the instructor. All other materials are returned to students as soon as they are graded. Students should retain these materials until they receive their official final grades.
6. Grades are revealed and discussed in person only under laws protecting student confidentiality.
7. Incompletes (I's) can be given only if a student is "unable to complete their academic responsibilities" for medical (disease or injury) or legal reasons (jury duty, U.S. military service) or other "extraordinary” reasons for a significant period of time that can be documented in writing on letterhead with a verifiable signature. The university requires that 70% of the class be completed before an Incomplete can be considered.
8. Make-up exams require written documentation of the circumstances that led to an inability to take the exam and should be requested in advance whenever possible. Tests delayed more than three days will be made-up using a different, more essay oriented format.
9. Diversity Policy: Students are encouraged to contribute their perspectives and insights to class discussions. However, offensive language (swearing) and remarks offensive to others of particular nationalities, ethnic groups, sexual preferences, religious groups, genders or other ascribed statuses will not be tolerated.
10. Confidentiality Policy: Some students may choose to share personal information regarding themselves, family, or friends. Therefore, all students are to keep what is said in the classroom in strict confidence and respect the feelings and beliefs of other class members.
11. Attendance & Participation: Is required. Points may be deducted if a student does not abide.
12. Grades will follow UNT standards. Late work will be deducted points. Late work is defined as any work turned in after the close of class, the day it is due. If an exam is missed, it is the student’s responsibility to collaborate with the instructor regarding a date and time for a make-up exam. Please discuss any difficulties with the Instructor before you drop the course. Grades will be reported on a point system. The total points will determine your class letter grade.
13. Preparation: Please prepare for class by reading the material in advance, be prepared to ask questions and discuss topics in class.
14. Writing: All assignments and papers must be typed or word-processed. Please use the Times New Roman font with a size of 12. Also please double-space your work. Assignments and reports that do not conform to these standards will be returned to the student for corrections and graded as late.

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| **Activity** | **Points Possible** |
| Tests & Quizzes | 3 @ 100 points each |
| Chapter Questions | 4 @ 25 points each |
| Event Attendance | 20 points |
| Attendance & Participation | 80 points |
| Total Points Possible | 500 |

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| **A: 500 – 450** |
| **B: 449 – 399** |
| **C: 398 – 348** |
| **D: 298 – 248** |
| **F: 247 - under** |

**Tests & Quizzes**: There will be 3 tests or quizzes taken from presented material, slides and textbooks. A total of 100 points can be earned for each, for a total of 300 points.

**Chapter Questions**: will be assigned directly from the textbook 4 times during the course. A total of 25 points can be earned for each, for a total of 100 points.

**Event Attendance**: You will be expected to attend one free event related to the drug and alcohol addiction counseling field. Your instructor will provide you current event information and resources to obtain information about current events for the duration of the course. 10 points can be earned through proof of attendance. You will be required to write no less than a one page paper about what you learned from the event. An additional 10 points can be earned for this paper. The resulting total of 20 points can be earned.

**Attendance & Participation**: With approximately 32 classes to attend during the semester, you will earn on point for each day you attend class. The remaining points added, for a total of 80, will be judged on your positive participation in the class.

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| **Week** | **Date** | **Topic** | **Reading Assignment** |
| 1 | 8/25 | Introduction and Overview of course expectations |  |
| 2 | 8/30 & 9/1 | Theories of Addiction  Theories Related to Counseling for Addiction | Chapter 1  Chapter 2 |
| 3 | 9/6 &  9/8 | Assessment and Diagnosis of Addiction  Assessment and Diagnosis of Addiction | Chapter 3 |
| 4 | 9/13 &  9/15 | Assessment, Diagnosis and Treatment of Co-Occurring Disorders  Speaker  *Chapter Questions Due through Chapter 4* | Chapter 4 |
| 5 | 9/20 & 9/22 | The Treatment for Process Addictions **Test/Quiz Through Chapter 5** | Chapter 5 |
| 6 | 9/27 & 9/29 | Treatment Related Issues  Speaker | Chapter 6 |
| 7 | 10/4 & 10/6 | Relapse Prevention  Self-Help Groups  *Chapter Questions due through Chapter 8* | Chapter 7  Chapter 8 |
| 8 | 10/11  & 13 | Current and Evolving Therapy Approaches and Techniques | Chapter 9 |
| 9 | 10/18 & 10/20 | Speaker  **Test/Quiz Through Chapter 9** |  |
| 10 | 10/25 & 10/27 | Culturally Sensitive Addiction Counseling | Chapter 10 |
| 11 | 11/1 & 11/3 | Culturally Sensitive Addiction Counseling  *Chapter Questions due/Review through Chapter 10* |  |
| 12 | 11/8 & 11/10 | Incorporating Spirituality into Addiction Counseling  Incorporating Spirituality into Addiction Counseling | Chapter 11 |
| 13 | 11/15 & 11/17 | Chronic Pain Assessment, Treatment and Aftercare  Speaker | Chapter 12 |
| 14 | 11/22 & 11/24 | Speaker  **University Closed for Thanksgiving** |  |
| 15 | 11/29  &  12/1 | Personal and Professional Development of the Counselor  Personal and Professional Development of the Counselor | Chapter 13 |
| 16 | 12/6  &  12/8 | Preparing for Licensure as an Addiction Professional  *Chapter Questions Due/Review Through Chapter 14* | Chapter 14 |
| 17 | 12/13  &  12/15 | *All Event attendance and papers due today prior to Course Review*  **Test/Quiz Through Chapter 14** |  |

Please note, the assignments, lectures or speakers may change at the discretion of the Instructor.