UNIVERSITY OF NORTH TEXAS

**DEPARTMENT OF KINESIOLOGY, HEALTH PROMOTION, & RECREATION**

**HLTH 2200, Section 001 –** Wednesdays, 2- 4:50, Env 125

**Family Life and Human Sexuality** (3 semester hours) **Spring, 2015**

Instructor: Lee C. Ancona, Ph. D.

Office: PEB 209 C

Hours: Tuesday and Thursday 1:00 – 3:30; Wednesday 10:00 – 1:30, or by appointment

Phone: **940.565.2071**; Email: **lee.ancona@unt.edu**

**CATALOG DESCRIPTION**

This course emphasizes issues related to sexual health from historical, physiological, psychological, social, and cross-cultural perspectives. It incorporates a multicultural, multiethnic perspective on human sexuality, reflecting the diversity of sexual experiences in our society and world.

\****HLTH 2200 satisfies the Cross-Cultural, Diversity and Global Studies requirement of the******University Core Curriculum****.*

**TEXT (required)**: Nevid, J., Fichner, L., Rathus, L., & Rathus, S. (2014).**HUMAN SEXUALITY IN A WORLD OF DIVERSITY**. (Ninth edition). Boston: Allyn and Bacon, and **GRADE AID** **(required)** by Woolfolk. (University of North Texas *custom edition*)

**GENERAL OBJECTIVES:** A student who has successfully completed this course will be able to:

1. Explain the different theoretical perspectives on human sexuality, including the historical, biological, cross-species, cross-cultural, psychological, sociological, anthropological, and educational determinants of human sexuality.

2. Discuss the scientific approach to human sexuality to include the survey, observational, experimental, correlational, and case-study methods.

3. Describe the physiology of the male and female reproductive systems. Focus will be on cognitive and affective understanding of these systems.

4. Explain gender identity and gender roles, emphasizing cultural correlates.

5. Explain attraction and love and gender differences; relationship, intimacy and communication and the contribution of culture.

6. Describe and evaluate sexual techniques and behavior patterns, emphasizing cultural and racial-ethnic differences.

7. Examine sexual orientation and the biological, cultural and psychological perspectives.

8. Discuss the physical, psychological, and cultural implications of childbirth and pregnancy. Familiarity with fertility and pregnancy counseling resources will be emphasized.

9. Describe the different modes of contraception and demonstrate understanding of the physical, social, emotional, religious, and cultural barriers to the use of contraceptive health services.

10. Delineate the sexual developmental tasks associated with the human growth cycle: infancy, childhood, adolescence, adulthood and the elderly. Highlight cultural attitudes toward aging and sexuality.

11. Discuss origins, types, and treatment of sexual dysfunctions.

1. Explain origin, type, treatment and prevention of sexually transmitted diseases. Discuss how race and ethnicity are important predictors of STD rates and patterns.

page 2

1. Discuss prevalence, progression, transmission, diagnosis, and prevention of HIV/AIDS, emphasizing cultural and psychological correlates.

14. Examine the problems of sexual abuse, incest, harassment, rape, and domestic violence.

15. Discuss the role of commercial sex in contemporary US society, comparing across global cultures.

16. Discuss the role of sex in advertising and pornography and obscenity laws.

17. Examine the role information and values play in sexual decision making.

1. Discuss role of intimacy and communication in relationships, emphasizing cultural

and gender differences.

**EVALUATION PROCEDURE**

1. There will be 3 examinations, equally weighted and course grade will be the average of the sum of the 3 examination scores. Only ***objective questions (50 in each examination)*** will be used to test your understanding of content presented in class, textbook, films, and by guest speakers, even if you are absent from class. Each examination will only cover ***selected chapters***. **Examinations are not comprehensive.**  Each student is responsible for bringing a # 2 pencil to class on exam day.
2. \* In addition to the exams, there will be **5 on line quizzes** each worth ten points, that will be included   
    in the student’s total average for the class.
3. Only **VERIFIABLE** **legal or medical** crises with a **signed note** from your physician/Student Health Center medical staff, or local law enforcement officer/judge will be considered for anyone missing an **exam**. If you are unavailable on an exam date because of a legitimate legal or medical crisis, you must **telephone the department at 940.565.2544**. Only when your absence is excused by **ME,** will arrangements be made for a make-up examination.
4. Classes will begin on time and tardiness will **NOT** be tolerated. If you are late to class, please enter **QUIETLY.** Do **NOT** leave early because this behavior disrupts the class. If you have to leave class early for an anticipated personal emergency, please let me know before class starts. (You may need to sit near the door). If you have an unanticipated personal emergency during class, please leave the room quietly and explain yourself at the next period. Leaving class early, no matter the reason, no matter for how short a time, will constitute an incident of tardiness. Two episodes of tardiness will be equivalent to one absence. If you arrive to class past 10 minutes or leave class even a few minutes early, you will **NOT** be counted as being present in class. Absences and chronic tardiness will affect your ability to earn bonus points for attendance and your performance in class.
5. **TO REWARD GOOD ATTENDANCE**, the student will **be given a total of 10 bonus points, if you have perfect attendance.** *The bonus points will be added to each exam, 3 points for Exams 1 and 2, and 4 points for Exam 3.* Attendance is defined as coming to class on time and staying until the instructor has dismissed class. Class attendance will be taken daily as documentation. Signing for another student constitutes cheating and may result in university sanctions or removal from the class.

page 3

1. **TO RECEIVE a satisfactory GRADE,** the student must invest in the class with good attendance and participation; your instructor will invest in your grade (*i.e., if a student has a test average of 87 and can document good [90% or more] attendance, the student can earn an A in the course, also if a student has a 78 average and 75% attendance, the student will earn a C*). The student will receive the grade that they earn.
2. **Acceptable Student Behavior:** Student behavior that interferes with an instructor’s ability to conduct class or other students' opportunity to learn is unacceptable; disruptive behavior will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to determine if a violation of the Code of Student Conduct occurred. University expectations for student conduct applies to all instructional forums, including university and electronic classrooms, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at www.deanofstudents.unt.edu
3. ***TURN OFF* your cellular telephone or other electronic devices**. If you need to have your cell phone on for an emergency, set it on vibrate. This includes the incoming text messaging chimes. Originating text messaging is prohibited. If your cell phone or other device, continually interrupts class, you will be asked to leave the classroom for that period, and be counted as absent. The use of any electronic device is ***prohibited*** during class.
4. Lap top users will be asked to sit on the back row of the classroom to avoid disturbing any other students in the vicinity.
5. **ADA and FERPA INFORMATION is available in the KHPR office. Any questions may be directed to Dr. Allen Jackson, Department Chair, 209A, PE Building.**
6. **EXTRA CREDIT**: There will be two extra credit options. One option is documentation of having donated a unit of blood during the semester. If unable to donate, an alternative option will be made available , but must be cleared with your instructor (i.e., volunteering at a local charity or non-profit organization – 4 hours).

**L.**  **Examination 1: *Chapters 1, 3, 4-6* February 18, 2015**

**Examination 2: *Chapters 7-12* April 8, 2015**

**Examination 3: *Chapters 13-16, 18-19* May 13, 2015 (2:00 p. m.)**

*(Extra credit points are added to each exam for which the student has perfect attendance, PLUS blood donation or volunteer points will be added to your score for Exam # 3)*

## M. GRADING SCALE

A = 90-100% B = 80-89% C = 70-79% D = 60-69% F = below 60%

**\* Enrolling in and attending this course may potentially expose you to sexually explicit material (video clips, images, etc.). If you are unwilling to be exposed to such information and material, this course is not for you. BY REMAINING IN THIS COURSE, YOU AGREE THAT THIS IS AND WILL NOT CREATE AN ISSUE OR A PROBLEM.**

Page 4

**TENTATIVE Fall, 2013 SCHEDULE (subject to change, *except* exam dates)**

|  |  |  |
| --- | --- | --- |
| **January** | 21Course Introduction  What is Human Sexuality? | Pre - Quiz, Ice Breaker |
|  | | |
|  | 28 continued |  |
|  | Male Sexual Anatomy |  |
|  |  |  |
|  |  | Are college students normal anatomically and physiologically? |
|  |  |  |
| **February** | 4 Female Sexual Anatomy | Quiz |
|  | | |
|  | 11 Sexual Arousal and Response  Gender Identity and Roles  Attraction and Love **---** Sternberg  **\* Wednesday, *February 18, Exam # 1: Chapters 1,3, 4-6 (3rd hour of class)*** | **Guest Speaker** |
|  | 25 Sexual Techniques & Behavior Patterns  Relationships, Intimacy, & Communication |  |
|  | | |
| **March** | 4 Sexual Orientation  11 - continued | **Guest Speaker** |
|  | 16 - 20 **Spring Break Research Assignment:** Investigate the safest route to and from the location where you will spend spring break and return to UNT rested and ready to complete the semester and finish strong. |  |
|  | 25 Conception, Pregnancy & Childbirth | **Guest Speaker** |
| **April** | 1 Sexuality in Childhood –  Children & Adolescents |  |
|  | ***\* Wednesday, April 8,*  *Exam #2: Chaps 7-12***  ***(3rd hour of class)*** |  |
|  | 15 Sexuality in Adulthood,  Sexual Dysfunction  Sexual Coercion | Page 5 |
| **April (cont)** | 22 Sexually Transmitted Diseases  HIV/AIDS    29 Commercial Sex, Obscenity, Pornography | **Guest Speaker**  **Hypersext kids video**  **Valley Girl video** |
|  |  |  |
| **May** | 6 Cultural phenomenon – Hollywood’s influence  Hyper-sexualized culture and environment – is it healthy for children?  ***\* Wednesday, May 13, (Exam # 3): Chaps 13-16, 18-19 2:00 p. m.*** |  |