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**Kinesiology, Health Promotion, and Recreation**

**HLTH 1100 – School and Community Health**

**Fall 2016,** PE Building, Room 216

Class: Monday/Wednesday/Friday 12:00 noon

Instructor: Lee C. Ancona, Ph. D. Email: lee.ancona@unt.edu

Office: PEB 209 C Campus Phone: 940.565.2071

**Office Hours: Monday 10:00 - 12:00 – Monday through Thursday** ***or by appointment***

**Catalog Description**

3 hours. Health services offered by the school and community, the role of the health educator to benefit the health of every individual in society; health problems and solutions to improve community health. *Satisfies a portion of the Understanding the Human Community requirement of the University Core Curriculum.*

**Student Learning Outcomes**

Upon successful completion of this course the student should be able to:

1. Understand the role of schools, health educators and the coordinated school health

program in the community.

2. Recognize major and prevalent health problems among diverse populations in the U.S.

3. Identify major agencies, foundations, and associations supporting community health at the

local, state, national, and international levels.

4. Understand the diversity in health as it relates to culture.

5. Understand the relationships of socioeconomic, political, and environmental impact on

health problems in the U.S.

6. Understand the role of service organizations in school and community health.

7. Understand how communicable and non-communicable diseases affect health and

healthcare in society.

8. Understand how the use of legal and illegal drugs affect health in society.

**Textbook**

McKenzie, JF, Pinger, RR, and Kotecki, JE. (2014). *An Introduction to Community Health (8th ed.).* Sudbury, MA: Jones and Bartlett Publishers.

**Evaluation Letter Grades**

Attendance 110 points 360 - 400 = A

Exams (4 @ 50 each) 200 points 320 - 359 = B

Active Learning (3 @ 20 each) 60 points 280 - 319 = C

Lesson Plans (2 @ 15 each) 30 points 240 - 279 = D

Total 400 points below 239 = F

**Attendance and Participation**

Attendance will be taken during each class period. Students will be rewarded for good attendance. Consequently, there will be no reward for students that choose not to attend class.

If a student misses class, ***the student*** is responsible for material covered in class that day. Classmates should be the number one resource to determine what was missed. Please be on time. If a student arrives after the roll has been taken, the student will be considered absent. If tardies are a continuing issue, the instructor will request a conference with this student. (not good)

**Exams/Quizzes/Assignments**

**No make-ups will be given for missed quizzes, or exams** unless approved by the instructor in advance. No approval will be granted after the fact. If the absence is not approved, the student will receive a zero for the missed exam/quiz.

Written assignments are due at the beginning of class on the date due. Assignments received after this time will be considered late and points will be deducted. **Assignments will not be** **accepted via email**. All assignments must be typed, 12 pt. font, all quotes and references must be cited and when applicable, the guidelines of the American Psychological Association (APA format) must be used.

**Classroom Etiquette**

1. **Acceptable Student Behavior:** Student behavior that interferes with an instructor’s ability to conduct class or other students' opportunity to learn is unacceptable; disruptive behavior will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to determine if a violation of the Code of Student Conduct occurred. University expectations for student conduct applies to all instructional forums, including university and electronic classrooms, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at www.deanofstudents.unt.edu
2. ***F*ood** and drinks are permitted during class; however, you must pick up after yourself or the privilege will be restricted or revoked.
3. ***TURN OFF* cellular telephones or other electronic devices**. If a student needs to have their cell phone on for an emergency, set it on vibrate. A student may be on their phone for no longer than 15 seconds during class (total) and any electronic device cannot be a distraction to other students seated nearby.
4. **ADA and FERPA INFORMATION is available in the KHPR office. Any questions may be directed to Dr. John Nauright, Department Chair.**  (PE Building 209 A 940.565.2544)
5. The only extra credit assignment is the student providing documentation of having donated a unit of blood during the semester. If a student is unable to donate blood, we will negotiate another alternative assignment. (i.e., documented 4 + volunteer hours at a non- profit organization)**.**

**Academic Dishonesty and Misconduct**

Academic dishonesty and misconduct includes cheating, plagiarism, fabrication, and facilitating academic dishonesty. Cheating refers to collaborating on assignments and using unauthorized materials. Plagiarism refers to presenting ideas, words, or statements of another person without giving credit to that person. Academic dishonesty and misconduct will not be tolerated. Individuals caught in academic dishonesty and misconduct will be charged under the University’s Code of Student Conduct. Students found guilty run the risk of having their score changed to a zero, receiving a grade of “F” for the course, and/or other penalties from the University. If you have questions about cheating or plagiarism, please see your instructor.

**Tentative Course Outline**

(students will be given plenty of advance notice if changes are necessary)

**Week Topic/Readings**

**August 29** Course Introduction

Chapter 1 – Community Health

**September 7**  Chapter 2 – Organizations

**Lesson Plan Assignment**

Chapter 3 – Epidemiology: The Study of Disease

**12** **Lesson Plan #1 Due**

Chapter 4 – Epidemiology: Prevention and Control of Diseases

**14 *Exam 1 (Chapters 1-4)***

**19** Chapter 5 – Community Organizing/Health Promotion Programming

**Active Learning Assignment #1 Organizations**

Chapter 6 – School Health Programs

**26 Active Learning #1 Organizations Due 9/27**

Chapter 7 – Maternal, Infant and Child Health

Chapter 8 – Adolescents, Young Adults & Adults

**October 3 Active Learning #2 School Nutrition**

Flexible

**5** ***Exam 2 (Chapters 5-8)***

**10** **Active Learning #2 Due**

Chapter 9 – Elders

Flexible

**17 Lesson Plan #2**

Chapter 10 – Community Health and Minorities

Chapter 11 – Community Mental Health

**October 24** Chapter 12 – Alcohol, Tobacco and Other Drugs

**31 Lesson Plan #3**

Flexible

**November 2 *Exam #3******(Chapters 9-12)***

**7 Lesson Plan #2 Due**

Chapter 13 – Health Care Delivery in the U.S.

**14 Active Learning #3 Health Care**

Chapter 14 – Community Health and the Environment

**21** continue

**23 - 27 NO CLASS Thanksgiving Research Assignment** – Investigate and apply the best method for safe travel to and from your home for Thanksgiving and back to UNT. Eat and drink large quantities and count your blessings.

Objective: Achieve a large measure of rest and relaxation and return in a healthy state of mind, body, and spirit, well prepared to finish the semester with vigor and strength.

**28 Active Learning #3 Due 11/29**

Chapter 15 – Injuries as a Community Health Problem

Chapter 16 – Safety and Health in the Workplace

Flexible

**December 5** “Super Size Me”, fad diets & other nutritional issues

Flexible

**12 Exam #4** **Final** (Chapters 13-16) **Wednesday, 12/14 – 10:30 a.m.**