



Kinesiology, Health Promotion, and Recreation
HLTH 3300 - Health Emergencies
5W2 2014

HLTH 3300.002
Classroom: COL 047
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Office Hours: By appointment

MTWR 12:00pm – 1:50pm

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Catalog Description

3 hours. Theory and practical application of the American National Red Cross Standard First Aid and Personal Safety skills. Cardiopulmonary resuscitation (CPR) techniques and skill development. Designed to meet the requirements set by the American National Red Cross for certification in Standard First Aid and CPR.

Next Generation Course

This section of HLTH 3300 is a Next Generation (NextGen) course designed to promote higher levels of student learning and increased student engagement. The course uses a blended learning approach with both online and face-to-face instruction and innovative teaching methods. This is not an online course, but utilizes computer-mediated instruction via Blackboard, and small group learning experiences in an effort to improve learning and student engagement. Class lectures in PowerPoint slide format, as well as other study tools are online. In-class time will be utilized for class discussion and hands-on practical skills not typical in larger classes. The discipline to move through the online environment is vital for success.

Student Learning Outcomes

Upon successful completion of this course the student should be able to:

1. Recognize the responsibilities and liabilities of rendering aid in an emergency situation.
2. Differentiate between a safe scene and an unsafe scene.
3. Demonstrate the steps of checking a victim
4. Recognize when to activate the Emergency Medical Services System.
5. Demonstrate when it is appropriate to stop giving care in life-threatening and non-life-threatening emergencies.
6. Assess the adult, child and infant victim for cardiac and breathing emergencies.
7. Describe protocols for Cardiopulmonary Resuscitation (CPR).
8. Describe protocols for the Automated External Defibrillator (AED).
9. Recognize the signs of a conscious choking victim.
10. Recognize the signs of an unconscious choking victim.
11. Recognize various first aid emergencies.
12. Demonstrate how to provide appropriate care for various first aid emergencies.
13. Recognize the concept of safety.
14. Explain ways of preventing accidents.

Textbook

American Red Cross (2012). *Responding to Emergencies: Comprehensive First Aid/CPR/AED*, (7th ed.) 2012. Krames Staywell Strategic Partnerships Publishing.

Note: Everyone must have a book and bring it to class every day.

Evaluation

Quizzes	100 points	270 – 300 = A
Skill Assessments	100 points	240 – 269 = B
Exam 1 – BGC/First Aid	50 points	210 – 239 = C
Exam 2 - CPR & AED	<u>50 points</u>	180 – 209 = D
Total	300 points	Below 179 = F

Letter Grades**Attendance and Participation**

Attendance will be taken during each class period. Students are required to attend ALL face-to-face classes to receive American Red Cross certification. You must be present and participate the entire class period to skills checks grades for the day. **No make-ups will be given for missed skills tests or exams** unless approved by the instructor in advance. Any student who leaves class early will forfeit these grades for the day. Students who miss class due to a UNT sponsored activity must adhere to UNT authorized absence policy (see below).

Absences due to participation in UNT sponsored activities must be approved in advance by the department chair and academic dean and the instructor must be notified. Within three days after the absence, students must obtain authorized absence cards from the Dean of Students for presentation to their instructor. Students with authorized absence cards may make up the work missed, however all work and made up class time must be completed within one week of the absence or the absence will stand and you will receive a grade of zero for work missed.

If you decide not to attend class or determine that you cannot attend class, **you** are responsible for material covered in class that day. Your classmates should be your number one resource to determine what you missed. I will be happy to meet with you to answer any questions you have, however I will not repeat the lecture missed or provide copies of class notes.

Please be on time. Students arriving late to class risk missing a quiz, exam, and/or skills checks. In the event that a student arrives late on an exam day and one or more students have already completed the exam, the late student will not be allowed to take the exam and will receive a zero. In the event that a student arrives late on a quiz day, the late student will be given only the allotted time to complete the quiz. On a day when skills checks are being given, the student will not be allowed to participate if testing is already in progress upon arrival and will be given a grade of zero.

If you attend class, you are expected to participate. For the class to be successful, everyone involved must contribute. This includes preparing for class by completing the reading materials and assignments on time, attending class, arriving on time, participating in class discussions, and participating in all activities. Everyone is expected to be respectful of other's thoughts, opinions, and experiences.

Exams/Quizzes/Assignments

No make-ups will be given for missed quizzes, skills tests or exams unless approved by the instructor in advance. No approval will be granted after the fact. If the absence is not approved, you will receive a zero. If you receive a zero for an exam score, you will forfeit certification.

Exams and quizzes will be given at the beginning of class. In the event that a student arrives late on a quiz or exam day, and one or more students have already completed the exam, the late student will not be allowed to take the exam or quiz and will receive a grade of zero. Failure to return both the examination and answer sheet to the instructor before leaving the classroom will result in a zero (0) grade for the test. Leaving the testing area for any reason once you have begun taking a written exam is NOT allowed. It is your responsibility to use the bathroom, get tissues, etc., before the exam is distributed. Any student who leaves the classroom during an exam will be required to turn in their exam and answer sheet for grading before they leave.

Quizzes will be given frequently. In the event that a student arrives late to class on a quiz day, the late student will be given the only the allotted time to complete the quiz. In the event that a student arrives late on a quiz or exam day, and one or more students have already completed the exam, the late student will not be allowed to take the exam or quiz and will receive a grade of zero.

Skills must be demonstrated by each student in order to receive American Red Cross certification, as well as to earn points for their final grade. In the event that a student arrives late to class on a day when skills checks are being conducted, the student will not be allowed to participate if testing is already in progress upon his/her arrival and the student will be given a grade of zero.

Certifications

Successful completion of this class may include earning the American Red Cross Responding to Emergencies Adult and Pediatric First Aid and CPR/AED certification, which is valid for two years. The American Red Cross requires students to earn a score of 80% or higher on all written exam sections, and 80% or higher on all practical exams. Students who do not score 80% or higher on one or more written exam sections will be allowed to retake the section(s) one time only in order to receive certification. However, the grade a student scores on any written exam during the FIRST administration of the exam will serve as the point value for the student's course grade. It is the student's responsibility to know when written exams and skills tests are given, and to attend class on these days.

Certification cards will be mailed to students after the completion of the course and all paperwork is finalized and submitted to the Red Cross.

Student Behavior in the Classroom

Student behavior that interferes with an instructor's ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to consider whether the student's conduct violated the Code of Student Conduct. The university's expectations for student conduct apply to all instructional forums, including university and electronic classroom, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at www.deanofstudents.unt.edu.

Email

Students must use their UNT email. Eagle Connect is used for official communication from the University to students. Many important announcements for the University and College are sent to students via Eagle Connect. Emails originating from other accounts will not be accepted. All students should activate and regularly check their Eagle Connect (email) account. For information about Eagle Connect, including how to activate an account and how to have Eagle Connect forwarded to another email address, visit <http://eagleconnect.unt.edu/>.

Email and Blackboard will be used for communication purposes outside of class. If sending an email to me, please include your class in the subject line. In the email body, please use a proper greeting, include your name, your question/issue and a closing signature. If you do not identify yourself, I will not respond. If you write the email in text messaging format, I will not respond. It is expected that individuals become proficient in the proper use of email and checking of their e-mail account regularly. At a minimum, email should be read and Blackboard checked prior to each class.

Academic Integrity

Academic Integrity is defined in the UNT Policy on Student Standards for Academic Integrity. Any suspected case of Academic Dishonesty will be handled in accordance with the University Policy and procedures. Possible academic penalties range from a verbal or written admonition to a grade of "F" in the course. Further sanctions may apply to incidents involving major violations. You will find the policy and procedures at: <http://vpaa.unt.edu/academic-integrity.htm>.

Family Educational Rights and Privacy Act (FERPA) Information:

Students have the right to expect their grades will be kept confidential. There are a few things, because of the size and/or nature of this class, the instructor must advise you of regarding collection and distribution of test results, quiz scores, homework assignments, roll sheets, projects, etc. During this class it may be necessary for you to pass your assignments forward to the instructor or it may be necessary for the instructor to call your name and then return your completed assignment to you by passing it across the room. The instructor, under the reasonable assumption guidelines, assumes students are collecting only their own materials. Every attempt will be made to keep your information confidential. Neither your course grades nor grades for any assignment will be posted in a way that could result in your being identified by other students or faculty members.

Drop/Withdrawal Policy

If at any time you wish to drop this course, you must initiate the action yourself. The instructor is not responsible for dropping the student, and if the student fails to withdraw from the class, the instructor will assign a grade accordingly.

American with Disabilities Compliance

The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with an accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request accommodations at any time, however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of accommodation during faculty office hours or by appointment. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information see the Office of Disability Accommodation website at <http://www.unt.edu/oda>. You may also contact them by phone at [940.565.4323](tel:940.565.4323).

Classroom Etiquette

NO CELL PHONES, LAPTOPS, MP3 PLAYERS, HEADPHONES, OR OTHER

ELECTRONICS IN USE DURING THE CLASS PERIOD. If you use your cell phone or other electronics in any way during the class, five (5) points may be deducted from your grade without notice to the student.

Students may not disrupt class in any way (including side conversations, irrelevant comments, constant noise of any kind, checking emails, instant messaging on phone or laptop, etc.) that may interfere with the instructor's ability to conduct a class or other students' opportunity to learn. Students engaging in unacceptable behavior will be directed to leave the classroom. (See UNT policy below)

Dress in non-restrictive, comfortable clothing that will allow for practice in various first aid and rescue activities. Work on the floor will be required throughout the semester.

Disclaimer

The instructor reserves the right to amend this syllabus as necessary.

TENTATIVE COURSE OUTLINE

<u>Week</u>	<u>Topic</u>	<u>Assignment</u>
July 7	Introduction to course If Not You...Who? Responding to an Emergency Before Giving Care Rescue Moves (pp. 36-38) Removing Gloves (pp. 31-32) The Human Body Checking the Conscious Person (pp. 77-81) Bleeding (pp. 158-159) Shock (pp. 170-171) Soft Tissue Injuries Musculoskeletal Injuries Injuries to the Extremities (Slings and Splints pp. 235-242)	Chapter 1 Chapter 2 Chapter 3 Chapter 4 Chapter 5 Chapter 8 Chapter 9 Chapter 10 Chapter 11 Chapter 12
July 14	Injuries to the Head, Neck, and Spine Injuries to the Chest, Abdomen, and Pelvis Sudden Illnesses Poisoning (p. 313-314) Bites and Stings Substance Abuse and Misuse Heat Related Illnesses & Cold-Related Emergencies Water-Related Emergencies Special Situations Childbirth Disaster Preparedness	Chapter 13 Chapter 14 Chapter 15 Chapter 16 Chapter 17 Chapter 18 Chapter 19 Chapter 20 Chapter 21 Chapter 22 Chapter 23
July 21	Before Giving Care/First Aid Written Exam 1 Breathing and Cardiac Emergencies Checking an Unconscious Victim (pp. 95-89) Breathing Emergencies Conscious Choking Adult, Child, and Infant (pp. 150-152) Breathing and Cardiac Emergencies Unconscious Choking Adult (p. 153) Unconscious Choking Child & Infant (p. 154)	Chapters 1-5; Chapters 8-20 Chapter 7 Chapter 5 Chapter 7 Chapters 5-7
July 28	Breathing and Cardiac Emergencies CPR Adult (p. 118) CPR Child (p. 119) CPR Infant (p. 120) AED Adult, Child, and Infant (pp. 121-124) Breathing and Cardiac Emergencies CPR Adult (p. 118) CPR Child (p. 119) CPR Infant (p. 120) AED Adult, Child, and Infant (pp. 121-124)	Chapters 5-7 Chapters 5-7
August 4	CPR & AED Skills Test CPR & AED Written Exam 2	Chapters 6-7